

Parent Resource Guide



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***Offers services outside designated category
~ LGBTQIA+ friendly organizations**

Parenting Support

Name: **The Family Place**

Address: 3309 16th St NW, Washington, DC 20010

Phone: (202) 265-0149

Website: <http://www.thefamilyplacedc.org/>

Services offered: *Promotes stability and well-being for low income families in Washington DC by offering education, critical resources, and social support (all classes and services are offered at no cost to families)*

Name: **Georgia Avenue: Family Supportive Collaborative***

Address: 4420 Georgia Ave NW, Washington, DC 20011

Phone: (202) 722-1815

Website: <http://gafsc-dc.org/>

Services offered: *Case management, housing support, and home visits (must be referred by DC CFSA, live in ward 4 and be a parent of a child under 18, or be referred by another public/private agency)*

Name: **Healthy Babies Project, INC**

Address: 4501 Grant St NE, Washington, DC 20019

Phone: (202) 396-2809

Website: <http://www.healthybabiesproject.org/services/>

Services offered: *Teen parent empowerment program, family support, and ready for baby workshops*

Name: **Far Southeast Family Strengthening Collaborative, Inc***

Address: 2041 Martin Luther King, Jr. Ave SE Suite 304 Washington, D.C. 20020

Phone: (202) 889-1425

Website: <https://www.fsfsc.org/>

Services offered: *case management for families, rapid housing assistance, and nurturing parenting program*

Name: **Safe Sleep Program***

Address: Throughout DC

Phone: See Website

Website: <https://dchealth.dc.gov/service/safe-sleep-program>

Services offered: *Safety approved portable crib, parent/caregiver education, education for community partners, referrals*

Name: **The Family Tree***

Address: 2108 N Charles St, Baltimore, MD 21218

Phone: (410) 889-2300

Website: <https://www.familytreemd.org/>

Services offered: *Home, school, and community based education, support groups, family counseling, and child abuse prevention*

Name: **Prince George's Child Resources Center: Healthy Families***

Address: 9475 Lottsford Road Suite 202 Largo, MD 20774

Phone: (301) 772-8420

Website: <http://www.childresource.org/programs/healthy-families-prince-georges/>

Services offered: *weekly home visits from support worker, home safety checklist and depression screening, prenatal care, referrals to community organizations, information on parent/child bonding, and child development*

Name: **Holy Cross Hospital Parenting Education** (Cost Associated/some free)

Address: 9805 Dameron Dr, Silver Spring, MD 20902

Phone: (301) 754-7000

Website: <http://www.holycrosshealth.org/prenatal-and-parenting-classes>

Services offered: *Childbirth and parenting classes*

Name: **GMBC** (cost associated)

Address: 6701 N. Charles St. Suite 2340 Towson, MD 21204 (Main Hospital)

Phone: (443) 849-2229

Website: <https://www.gbmc.org/parent-education>

Service offered: *Parenting supplies, support groups, lactation support, infant care workshop/series, CPR classes, and sibling classes*

Name: **UMMC** (cost associated)

Address: 22 S. Greene Street, Baltimore, MD 21201

Phone: (410) 328-8667

Website: <https://www.umm.edu/programs/womens-health/services/obstetrics-and-gynecology/prenatal-care/childbirth-classes>

Services offered: *Breastfeeding classes, infant care with CPR, and returning to work class*

Name: **Maryland Family Network***

Address: 1001 Eastern Avenue, 2nd Floor Baltimore, MD 21202

Phone: (410) 659 7701

Website: <http://www.marylandfamilynetwork.org/>

Services offered: *Child care locator, parent education, peer support, health education, and early head start programs*

Name: **Calvert Memorial Hospital**

Address: 100 Hospital Road, Prince Frederick, MD 20678

Phone: (410) 535-4000

Website: <https://www.calverthealthmedicine.org/Classes-Events>

Services offered: *Breastfeeding classes/support group, baby care class, infant CPR class*

Name: **Virginia Hospital Center**

Address: 1701 N. George Mason Drive Arlington, VA 22205

Phone: (703) 558-2468

Website:

https://www.virginiahospitalcenter.com/medical/women/mother_and_baby_support_groups.aspx

Services offered: *New parents support group, postpartum support group, and breastfeeding support groups*

Name: **Healthy Families**

Address 1: 4401 Ford Ave. Suite 303

Alexandria, VA 22302

Phone 1: (571) 748-2840

Address 2: 11150 Sunset Hills Rd. Suite 250

Reston, VA 20190

Phone 2: (571) 323-3676

Website: <https://www.nvfs.org/our-services/early-childhood-development/healthy-families/>

Services offered: *Parenting classes, child development education, school readiness training, and child abuse and neglect prevention*

Name: **Stop Child Abuse Now (SCAN)**

Address: 103 E. Grace Street Richmond, Virginia 23219

Phone: (804) 257-7226

Website: <http://grscan.com/>

Services offered: *Treatment groups and education groups for families who have experienced, or are at high risk of experiencing, child abuse or neglect.*

Name: **Judy's Center**

Address: All over Maryland

Phone: 410-767-0100

Website: <https://earlychildhood.marylandpublicschools.org/families/judy-centers>

Services offered: Judy Center Early Learning Hubs prepare children for success in school and life. By connecting families with high-quality, comprehensive, full-day, full-year early education services, the Judy Centers promote school readiness for children ages birth through five. Utilizing a multigenerational approach for families and children, and providing professional development for early childhood educators, Judy Centers help to support all of the adults in a child's early years.

Food Assistance

Name: **Capital Area Food Bank~**

Address: 4900 Puerto Rico Ave NE, Washington, DC 20017

Phone: (202) 644-9800

Website: <https://www.capitalareafoodbank.org>

Services offered: *Provides meals to the Washington metro area population*

Name: **So Others Might Eat (SOME)***

Address: 71 O Street, NW, Washington, DC 20001

Phone: (202) 797.8806

Website: <http://some.org/services/>

Services offered: *Hot meals every day for individuals, free clothing, medical, dental, and eye clinics, addiction treatment, employment training, and family housing*

Name: **Bread for the City***

Address 1: 1525 7th Street, NW Washington, DC 20001

Phone 1: (202) 265.2400

Address 2: 1640 Good Hope Road, SE Washington, DC 20020

Phone 2: 202.561.8587

Website: <https://breadforthecity.org/>

Services offered: *Nutrition support, free clothing and toiletry, health care clinic, and social services*

Name: **Howard County Food Bank**

Address: 9385 Gerwig Lane J, Columbia, MD 21046

Phone: (410) 313-6185

Website: <https://www.cac-hc.org/programs-services/food-assistance/>

Services offered: *Provides food to county residents in need along with 14 emergency food pantries for families who need emergency food assistance*

Name: **Anne Arundel County Food Bank***

Address: 120 Marbury Drive Crownsville, MD 21032

Phone: (410) 923-4255

Website: <https://aafoodbank.org/>

Services offered: *Food pantries, soup kitchen program, baby pantries, and nutritional supplement program*

Name: **Emergency Food Assistance Program** (Department of Social Services)

Address: 805 Brightseat Road Landover, MD 20785

Phone: (301) 909-6343

Website: <https://www.princegeorgescountymd.gov/1679/Food-Assistance>

Services offered: *Pantries and shelters providing food to eligible individuals and families free of charge. Have to apply*

Name: **Maryland Food Supplement Program (SNAP)**

Address: 311 West Saratoga Street, Baltimore, MD 21201

Phone: 1-800-332-6347

Website: <https://www.benefits.gov/benefits/benefit-details/1276>

Services offered: *Food benefits, access to healthy diet options, education on food preparation, and nutrition to low-income households*

Name: **Share Food Network**

Address: 3222 Hubbard Road Landover, MD 20785

Phone: (301) 864-3115

Website: <https://www.catholiccharitiesdc.org/share/>

Services offered: *Wholesome and nutritious food to families and individuals at a reduced cost*

Name: **Community Services**

Address: 425 Brightseat Road, Landover, MD 20785

Phone: (301) 909-6330

Website: <https://www.princegeorgescountymd.gov/Directory.aspx?did=299>

Service offered: *Emergency food assistance program and homeless services*

Name: **Maryland WIC**

Address: 201 W. Preston Street, Baltimore, MD 21201-2399

Phone: 1-800-242-4942

Website: <https://phpa.health.maryland.gov/wic/pages/home.aspx>

Services offered: *Supplemental nutrition program for women, infants, and children under age 5*

Name: **Ecumenical Community Helping Others (ECHO)~**

Address: 7205 Old Keene Mill Road Springfield, VA 22150

Phone: (703) 569-9160

Website: <https://www.echo-inc.org/>

Services offered: *Food and financial assistance in emergencies; distributes donated clothing, school supplies, and household items*

Name: **Arlington Food Assistance Center**

Address: 2708 S. Nelson Street Arlington, VA 22206

Phone: (703) 845-8486

Website: <https://afac.org/>

Services offered: *Food supplementation for families in need (need referral from Arlington government agency, local church, school, or social services agency)*

Name: **Food for Others**

Address: 2938 Prosperity Avenue Fairfax, VA 22031

Phone: (703) 207-9173

Website: <https://www.foodforothers.org/>

Services offered: *free emergency food distributions, supplemental food distributions centers*

Housing

Name: **Community of Hope**

Address: 4 Atlantic Street, SW Washington, DC 20032

Phone: (202) 407.7747

Website: <https://www.communityofhopedc.org/>

Services offered: *Homeless prevention, emergency shelter, transitional housing, re-housing, permanent supportive housing, and family health center*

Name: **Housing Up**

Address: 5101 16th Street, NW Washington, DC 20011

Phone: (202) 291.5535

Website: <http://housingup.org/>

Services offered: *Rapid re-housing, permanent supportive housing and affordable housing*

Name: **Far Southeast Family Strengthening Collaborative, Inc***

Address: 2041 Martin Luther King, Jr. Ave SE Suite 304 Washington, D.C. 20020

Phone: (202) 889-1425

Website: <https://www.fsfsc.org/>

Services offered: *case management for families, rapid housing assistance, and nurturing parenting program*

Name: **PGC Rental Assistance Program**

Address: 9200 Basil Court Suite 107 Largo, MD 20774

Phone: (301) 883-5501

Website: <https://www.princegeorgescountymd.gov/906/Housing-Authority>

Services offered: *Provides fixed monthly rental assistance payments to eligible lower-income homeless persons and households with critical and emergency housing needs*

Name: **Maryland Energy Assistance Program (MEAP)**

Address: 311 West Saratoga Street, Baltimore, MD 21201

Phone: 1-800-332-6347

Website: <https://www.benefits.gov/benefits/benefit-details/1559>

Services offered: *Provides help to low-income households with their home energy bills*

Name: **St. Ann's Teen Mother & Baby Program**

Address: 4901 Eastern Avenue, Hyattsville, MD 20782

Phone: (301) 559-5500

Website: <http://www.stanns.org/support/teen-mother-baby>

Services offered: *Housing support and parenting education for pregnant and parenting teens*

Name: **Housing Choice Voucher Program (HCVP)**

Phone: (301) 429-7400

Website: <https://www.princegeorgescountymd.gov/1276/Housing-Choice-Voucher-Program>

Services offered: *HCVP is a "tenant-based" voucher program that provides tenants the opportunity to live where they choose*

Name: **Mary's Shelter***

Address: 1601 Princess Anne Street

Fredericksburg, VA 22401

Phone: (540) 374-3407

Website: <http://www.marysshelterva.org/>

Services offered: *provides mentoring and housing for up to three years for pregnant women and their children (program requirements: counseling, in-house parenting and life-skill classes and adherence to the program covenants)*

Name: **SERVE Campus***

Address: 10056 Dean Dr, Manassas, VA 20110

Phone: (571) 748-2698

Website: <https://www.nvfs.org/our-services/homelessness-housing/serve-campus/>

Services offered: *Family shelter and housing programs, food assistance, and health access*

Name: **Hilda Barg Homelessness Prevention Center**

Address: 14945 Jeff. Davis Hwy.

Woodbridge, VA 22191

Phone: 571.492.7359

Website: <https://www.nvfs.org/our-services/homelessness-housing/hilda-barg-homeless-prevention-center/>

Services offered: *Safe emergency shelter for homeless families and individuals; equips homeless families and individuals with the tools and resources needed to obtain and sustain permanent housing*

Name: **STEP Inc.***

Address: 10 E. Church Street, Suite J Martinsville, VA 24112

Phone: 276-638-8311

Website: <http://www.stepincva.com/services-programs/supportive-services>

Services offered: *Head Start/Early Head Start, financial assistance, and on-going case management services for low-income families and individuals who are at risk of losing their*

home; free tax preparation services for families and individuals earning less than \$54,000 annually; financial literacy classes

Baby Needs

Name: **Safe Sleep Program***

Address: Throughout DC

Phone: See Website

Website: <https://doh.dc.gov/service/safe-sleep-program>

Services offered: *Safety approved portable crib, parent/caregiver education, education for community partners, referrals*

<https://capitolhillpregnancycenter.org/>

Pregnancy materials, parenting classes, pregnancy test. Faith based organization but they do provide non-biased counseling.

Name: **DC Diaper Bank**

Address: 8858 Monard Dr, Silver Spring, MD 20910

Phone: (202) 656-8503

Website: <https://greaterdcdiaperbank.org/>

Services offered: *distributes diapers to community partners; provides food, formula, breastfeeding supplies, bottles, pacifiers, adult hygiene items, baby hygiene items, adult diapers, tampons, pads, and potty training supplies to families in need*

Name: **Child Care Subsidy Program**

Address: 200 West Baltimore Street, Baltimore, MD 21201

Phone: 410-767-0100

Website: <http://earlychildhood.marylandpublicschools.org/child-care-providers/child-care-subsidy-program>

Services offered: *provides financial assistance with child care costs to eligible working families in Maryland*

Name: **Infants and Toddlers**

Address: Throughout MD

Phone: 410-767-0249

Website:

<http://marylandpublicschools.org/programs/Pages/Special-Education/MITP/about/index.aspx>

Services offered: *Early intervention such as physical therapy, occupational therapy, along with speech and language pathology*

Name: **VA Infant and Toddler Specialist Network**

Address: 151 Point O Woods Road Williamsburg, Virginia 23188

Phone: (757) 566-3300

Website: <http://va.gapitc.org/>

Services offered: *On-site consultation services including mentoring and support using quality improvement plans; training and technical assistance to groups of caregivers/teachers and directors; resources and linkages to existing professional development opportunities*

Name: **STEP Inc.***

Address: 10 E. Church Street, Suite J Martinsville, VA 24112

Phone: 276-638-8311

Website: <http://www.stepincva.com/services-programs/supportive-services>

Services offered: *Head Start/Early Head Start, financial assistance, and on-going case management services for low-income families and individuals who are at risk of losing their home; free tax preparation services for families and individuals earning less than \$54,000 annually; financial literacy classes*

Name: **Head Start**

Address: 1801 N. George Mason Dr. Arlington, VA 22207

Phone: (571) 748-2700 ext.

Website: <https://www.nvfs.org/our-services/early-childhood-development/head-start/>

Services offered: *Promotes school readiness in low-income children ages 3 to 5, enhances the social and cognitive development of children through educational, health, nutritional, social and other services*

Name: **Early Head Start**

Address: 601 N. Vermont St. Arlington, VA 22203

Phone: (571) 748-2760

Website: <https://www.nvfs.org/our-services/early-childhood-development/early-head-start/>

Services offered: *Full-day, full-year care, with a child-centered approach to learning, daily nutritious meals, coordinated services to provide comprehensive solutions to the child's health and educational needs*

Pregnancy/Prenatal program: **Perinatal Care and Equity for Everyone- PEACE Project**

Howard county

<https://www.howardcountymd.gov/health/peace-project>

Phone: 410-313-7540

Health Insurance/Medical Care

Name: **Planned Parenthood**

Address: Throughout MD/DC/VA

Phone: (410) 576-1414

Website: <https://www.plannedparenthood.org/planned-parenthood-maryland>

Services offered: *Well-women exam, breast health exam and cancer screenings, birth control methods, reproductive exams, pregnancy testing and options education, prenatal and adoption referrals, sexually transmitted infection testing and treatment, HIV education, STI testing and*

treatment, HPV vaccines, urinary tract infection treatment, abortion services, male and female sterilization services

Name: DC Healthy Families

Address: 1111 14th NW, Suite 620 Washington, DC 20005

Phone: (202) 639-4030 or (800) 620-7802

Website: <https://dhcf.dc.gov/service/dc-healthy-families>

Services offered: Free health insurance to DC residents who meet certain income and U.S. citizenship or eligible immigration status to qualify for DC Medicaid: covers doctor visits, vision and dental care, prescription drugs, hospital stays, and transportation for appointments, and offers special programs for newborn babies, children with disabilities or special health care needs, and people with HIV and AIDS

Name: Maryland Children's Health Program (SCHIP)

Address: 425 Brightseat Road, Suite 101, Landover, MD 20785

Phone: 1-855-642-8572

Website: <https://www.benefits.gov/benefits/benefit-details/4776>

Services offered: Full health benefits for children up to age 19, and pregnant women of any age who meet the income guidelines. MCHP enrollees obtain care from a variety of Managed Care Organizations (MCOs) through the Maryland HealthChoice Program

Name: Pregnancy Aid Centers, Inc.

Address: 4809 Greenbelt Rd College Park, MD 20740

Phone: 301-441-9150

Website: <http://pregnancyaidcenter.org/homepage>

Services offered: Physical exams, pap and STI cultures; preventative health screening specialty referrals; screening for fetal abnormalities; administration of rhogam when needed; high-risk pregnancy services; perinatal education; postpartum examination; mental health assessments; domestic violence assessments; Medicaid application assistance; counseling and psychological screening; medications and prescriptions as needed; support for pregnant and parenting teens

Name: Family Services Agency: Baby Steps

Address: 1500 Forest Glen Rd Silver Spring, MD 20910

Phone: (301) 840-3259

Website: <http://www.fs-inc.org>

Services offered: Universal hospital-based health screening at Shady Grove Adventist and Holy Cross Hospitals to Montgomery County moms and newborns. Links new parents to community health services and provides appropriate follow up as needed through telephone consultations and/or home visits

Name: Health Bridge

Address: 1010 N Thompson St, Richmond, VA 23230

Phone: (804) 358-6343

Website: <http://www.healthbrigade.org/>

Services offered: *Free medical and mental health services*

Domestic Violence

Name: DC Safe*~

Address 1: 1328 Southern Avenue, SE Room 311 Washington, DC 20019

Phone 1: 202-561-3000

Address 2: 500 Indiana Avenue, NW Room 4550 Washington, DC 20001

Phone 2: 202-879-0720

Website: <http://dcsafe.org/>

Services offered: *Crisis housing and intervention; risk assessment; information and education about how to petition for a Civil Protection Order; assistance drafting petitions for Temporary and Civil Protection Orders; general legal information; referral to a pro bono attorney; safety planning assistance; public benefits and social services referrals; emergency financial assistance; emergency cell phones; diapers, formula, and baby supplies; court accompaniment for victims; emotional support; assistance with any other portion of the court or social services system*

Name: House of Ruth*

Address: 5 Thomas Circle, NW Washington, DC 20005

Phone: (202) 667-7001

Website: <https://houseofruth.org/>

Services offered: *comprehensive services and housing for women and children, mental health services, addiction recovery services, financial services, and child care*

Name: My Sister's Place

Address: 1436 U St NW, Ste 303 Washington, DC 20009

Phone: 202.529.5261 / 202.529.5991 (hotline)

Website: <https://mysistersplacedc.org/>

Services offered: *Crisis management, clinical counseling, case management, case consultation, and advocacy, and transitional housing*

Name: The Women's Center*~

Address1: 1025 Vermont Ave NW, Suite 310
Washington, DC 20005

Phone 1: (202) 293-4580

Address 2: 133 Park St NE

Vienna, VA 22180

Phone 2: (703) 281-2657

Website: <https://thewomenscenter.org/>

Services offered: *Domestic violence and sexual assault services (information and referral, victim advocacy, crisis intervention, support groups); individual, couples, and family counseling; career counseling; legal and financial resources*

Name: **Turn Around**

Address: 8503 LaSalle Road, 2nd Floor Towson, MD 21286 or The Walbert Building 1800 N. Charles Street Suite 404 Baltimore, MD 21201

Phone: 410-377-8111 or 410-837-7000

Website: <https://turnaroundinc.org/>

Services offered: *Trauma therapy, sexual assault counseling, advocacy, and case management for victims/survivors of domestic violence*

Name: **Safe Harbor***

Address: 2006 Bremond Rd, Richmond, VA 23226

Phone: (804) 249-9470

Website: <http://safeharborshelter.com/>

Services offered: *Counseling program for individuals who have experienced sexual or domestic violence*

Name: **Domestic Violence 24-Hour Hotline VA**

Phone: (703) 360-7273

Counseling & Mental Health Services

Name: **Adoptions Together**

Address: 508 Kennedy St NW suite 300, Washington, DC 20011

Phone: (301) 439-2900

Website: <https://www.adoptionstogether.org/>

Services offered: *Adoption counseling that is centered on wellness and interpersonal relationships*

Name: **Healthy Generations Program**

Address: 111 Michigan Ave NW Washington, District of Columbia 20010 OR 2101 Martin Luther King, Jr. Ave SE Washington, District of Columbia 20020

Phone: (202) 476-5794

Website: <https://childrensnational.org/primary-care/teen-programs/healthy-generations-program>

Services offered: *Medical care, family planning, case management, social work, and mental health for young parents and their children in the Washington, DC area*

Name: **House of Ruth***

Address: 5 Thomas Circle, NW Washington, DC 20005

Phone: (202) 667-7001

Website: <https://houseofruth.org/>

Services offered: *comprehensive services and housing for women and children, mental health services, addiction recovery services, financial services, and child care*

Name: **The Women's Center*~**

Address1: 1025 Vermont Ave NW, Suite 310

Washington, DC 20005

Phone 1: (202) 293-4580

Address 2: 133 Park St NE

Vienna, VA 22180

Phone 2: (703) 281-2657

Website: <https://thewomenscenter.org/>

Services offered: *Domestic violence and sexual assault services (information and referral, victim advocacy, crisis intervention, support groups); individual, couples, and family counseling; career counseling; legal and financial resources*

Name: **DC Healthy Start Program***

Phone: 1-800-666-2229

Website: <https://doh.dc.gov/node/110372>

Services offered: *pregnancy testing; depression screening; substance abuse screening; domestic violence screening; child development assessments; case management; male support services; parents as teachers curriculum; health education; home visits by a nurse and family support worker; curbside mobile health services (Free program for pregnant women, parenting mothers (infants up to 2 years of age), females of childbearing age and fathers (infants up to the age of 1 year) in Wards 5, 6, 7 and 8)*

Name: **The Family Tree***

Address: 2108 N Charles St, Baltimore, MD 21218

Phone: (410) 889-2300

Website: <https://www.familytreemd.org/>

Services offered: *Home, school, and community based education, support groups, family counseling, and child abuse prevention*

Name: **Pro-bono Counseling Project**

Address: 110 West Road # 202, Towson, MD 21204

Phone: (410) 825-1001

Website: <http://probonocounseling.org/>

Services offered: *Free therapy in Maryland for individuals and couples*

Name: **Central Virginia Health Services**

Address: Throughout VA

Phone: (434) 581-3271

Website: <http://www.cvhsinc.org/>

Services offered: *Behavioral health services for mood, anxiety, and adjustment disorders (different locations offer medical and dental services)*

Name: **Safe Harbor***

Address: 2006 Bremono Rd, Richmond, VA 23226

Phone: (804) 249-9470

Website: <http://safeharborshelter.com/>

Services offered: *Counseling program for individuals who have experienced sexual or domestic violence*

Name: **Luminus**

Address: 5999 Harpers Farm Rd, Suite E-200 Columbia, MD 21044

Phone: 410-992-1923

Website: <https://www.beluminus.org/>

Services offered: *Luminus has empowered New Americans by offering legal, social, and language services to help them achieve their goals.*

Financial Assistance

DC - <https://www.washingtonpost.com/dc-md-va/2022/01/13/dc-cash-assistance-mothers/>

Service: DC law passed to provide \$900/month for pregnant people and people with young children

Eligibility: "To be eligible for the program, a mother living in one of the three wards must also have yearly household earnings below 250 percent of the federal poverty lines. The range of eligibility runs from mothers pregnant in their second or third trimesters to mothers raising a child 3 months or younger."

Other Government Resources

DC Department of Human Services

64 New York Avenue, NE, 6th Floor

Washington, DC 20002

(202) 671-4200

www.dchealth.dc.gov

DC Housing Authority

1133 North Capitol Street NE

Washington, DC 20002
(202) 535-100
www.dchousing.org

DC Child and Family Services

200 I Street, SE
Washington, DC 20003
(202) 442-6000
www.cfsa.dc.gov

DC Child Support Service Division

441 4th Street NW, Suite 550N
Washington, DC 20001
(202) 442-9900
www.cssd.dc.gov

DC Department of Employment Services

64 New York Avenue, NE, Suite 3000
Washington, DC 20002
(202) 724-7000
www.does.dc.gov

DC Department of Health Care Finance

825 North Capitol Street, NE, Suite 500
Washington, DC 20001
(202) 442-5988
www.dhcf.dc.gov

DC Department of Mental Health

64 New York Avenue, NE, 4th Floor
Washington, DC 20002
(202) 673-7440
24-Hour Access Helpline (888) 793-4357
www.dmh.dc.gov

MD Department of Human Resources

311 West Saratoga Street
Baltimore, MD 21201
(800) 492-5515
<https://dhs.maryland.gov/>

MD Department of Housing & Community Development

7800 Harkins Road, Lanham, MD 20706
(301) 429-7400

<http://dhcd.maryland.gov/Pages/default.aspx>

MD Child Protective Services

311 West Saratoga Street, Baltimore, MD 21201

1-800-332-6347

<http://dhr.maryland.gov/child-protective-services/>

MD Child Support Services

311 West Saratoga Street, Baltimore, MD 21201

1-800-332-6347

<http://dhr.maryland.gov/child-support-services/>

MD Department of Labor, Licensing, & Regulation (see here for unemployment)

500 North Calvert Street, Baltimore, MD 21202

<https://www.dllr.state.md.us/>

MD Medicaid Services

201 W. Preston Street, Baltimore, MD 21201-2399

(410) 767-6500 or 1-877-463-3464

<https://mmcp.health.maryland.gov/Pages/home.aspx>

MD Department of Mental Health & Hygiene

201 W. Preston Street, Baltimore, MD 21201-2399

(410) 767-6500 or 1-877-463-3464

<https://health.maryland.gov/pages/index.aspx>

VA Department of Social Services

801 E. Main Street

Richmond, VA 23219

<http://www.dss.virginia.gov/>

VA Child & Adult Protective Services

801 E. Main Street

Richmond, VA 23219

<https://www.dss.virginia.gov/abuse/>

VA Employment Commission

866-832-2363

703 E. Main St.

Richmond, VA 23219

<http://www.vec.virginia.gov/>

VA Department of Medical Assistance Services

600 East Broad Street

Richmond, Virginia 23219
<http://www.dmas.virginia.gov/>

VA Department of Behavioral Health & Developmental Services
804-786-3921
1220 Bank Street, Richmond, VA, 23219
<http://www.dbhds.virginia.gov/>